



PLANNING CORSI FITNESS - PISCINA

valido dal 14 Settembre 2020

	lunedì	martedì	mercoledì	giovedì	venerdì	sabato	domenica
08.15-9.00	AQUA BIKE Mirco	AQUA GYM Martina	AQUA GYM Mirco	AQUA BIKE Mirco	AQUA GYM Martina	---	---
9.15-10.00	AQUA GYM Mirco	---	---	AQUA GYM Mirco	---	---	---
10.15-11.00	---	AQUA CIRCUIT Martina	AQUA BIKE Mirco	---	AQUA CIRCUIT Martina	---	---
11.00-11.45	---	---	---	---	---	AQUA GYM Martina	---
12.00-12.45	---	---	---	---	---	AQUA XFIT Martina	---
12.30-13.15	HAPPY OPEN GYM Mirco	HAPPY OPEN GYM Martina	HAPPY OPEN GYM Mirco	HAPPY OPEN GYM Mirco	HAPPY OPEN GYM Martina	---	---
14.15-15.00	---	---	AQUA WALKING Mirco	---	AQUA CIRCUIT Martina	---	---
18.30-19.15	AQUA BIKE Mirco	AQUA CIRCUIT Loretta	AQUA BIKE Martina	AQUA BIKE Mirco	AQUA CIRCUIT Loretta	---	---
19.30-20.15	AQUA GYM Mirco	AQUA BIKE Loretta	AQUA XFIT Martina	AQUA GYM Mirco	AQUA BIKE Loretta	---	---
20.30-21.15	AQUA WALKING Mirco	AQUA GYM Loretta	AQUA GYM Martina	AQUA WALKING Mirco	AQUA GYM Loretta	---	---

Corsi ed orari potrebbero variare

I corsi saranno accessibili solo su prenotazione.